



Information & Application Form

Event

Walk No 103 Alarga
Reunion Gathering

Dates

16 – 19th July 2015
15th August 2015

Kwa-Zulu Natal Emmaus Community

WHAT IS A WALK TO EMMAUS? In Luke Chap 24 we read the story of the risen Christ appearing to two who were walking from Jerusalem to Emmaus. He explained the scriptures and their hearts were warmed. Their eyes were only fully opened to recognize Him when Christ took bread, blessed and broke it then gave it to them. Filled with joy, they rushed back to Jerusalem to share the news with the other disciples.

This story provides the image for Emmaus. The programme came to South Africa in 1990 from the United Methodist Church in the USA, which in turn developed it from the Spanish Roman Catholic *Cursillo de Christlandad* (a short course in Christianity) which started in the late 1940's. The Emmaus movement is ecumenical in practice and is seeking to find authentic expression in the cultures of Africa while retaining the wealth of Christian experience from

other cultures. God is using Emmaus in Southern Africa to bring reconciliation between races and renewal to Christians and their churches.

'Walk to Emmaus' or 'Alarga Stroll'? Two separate programmes are offered –the original *Walk to Emmaus* for able-bodied participants and the *Alarga Stroll*, which embraces people with physical disabilities, the latter style being adjusted to suit the special needs of the participants. Pilgrims on an *Alarga Stroll* are 50% physically challenged people and 50% able bodied. Unlike an *Alarga Stroll*, on a *Walk to Emmaus* men and women attend separate weekends. A separate application pack for the Emmaus Walk is available on the website.

The purpose of Emmaus aims to inspire, challenge and equip local church members who are in leadership or who are prospective leaders, for Christian action in their homes, churches and places of work. It provides a means to grow together in love, grace and servant hood as members of the Body of Christ.

What happens on an Emmaus Walk or Alarga Stroll? Each *Walk* or *Stroll* is a 72-hour experience lasting over a weekend from Thursday evening to Sunday evening. This time is spent studying, discussing, worshipping and living together as a Christian community. Fifteen talks, (Emmaus), twelve (Alarga) delivered by clergy and laity, form basis of discussions and projects. The themes of God's grace and how grace comes alive in the Christian Community and expresses itself in the world are presented and discussed. Participants have opportunities to celebrate Holy Communion daily and begin to understand more fully the presence of Christ in the body of His believers. The prayers and acts of love of a lively support community enhance this.

What happens after the weekend? One of the primary strengths of Emmaus is the follow-up. The weekend lasts 3 days, but the participants are invited to build on it for the rest of their lives by expanding their spiritual lives through study and congregational participation and becoming more active as disciples of Christ in the world through their home churches. To nurture this discipleship. Emmaus offers specific opportunities such as:

- ❖ A Reunion Gathering after the weekend, open to all *Walk* and *Stroll* participants
- ❖ Small "accountability" groups that meet regularly to maintain spiritual accountability.
- ❖ Community gatherings for fellowship and worship.
- ❖ Opportunity and training to support and participate through serving on future *Walks* and *Strolls*.

Who should experience Emmaus? Emmaus is for growing Christians in leadership roles who are open to experience the grace and love of God in new ways through the Christian community. More especially, it is for those who will be committed to make a difference in their church and community as a result of this experience.

How to apply to participate in Emmaus: The accompanying forms need to be completed by:

1. The Applicant.
2. **The Spiritual Sponsor.** This is someone who has already attended a *Walk to Emmaus* or an *Alarga Stroll* and who will undertake to explain the weekend, pray for the participant and assist in practical requirements.
3. **The Applicant's own Minister or Pastor,** so that the applicant is under submission to the home church. (If a Minister or Pastor requires more details, the Emmaus Spiritual Director can be contacted - see below).

A limited number of participants can be admitted on a *Walk* or a *Stroll* and there is usually a waiting list. Each application will be considered prayerfully and applicants will be informed for which *Walk* or *Stroll* they have been accepted.

For more information please contact the Registrar, Barry Dale on 081 437 3288 or 031 463 1382 (A/H).
1577 Sarnia Road, Hillary, 4094 or fax 086 273 7685 barrydale01@telkomsa.net

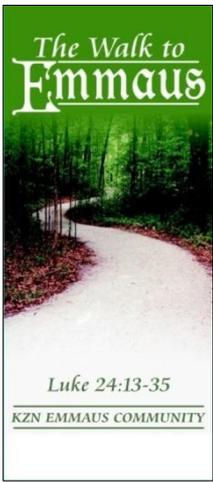
Kwa-Zulu Natal Emmaus Community Contact Information

For further information on Emmaus contact:

Community Lay Director
Cheryl Otten, Cell: 082 488 7578
e-Mail: cheryl.tom@vodamail.co.za

Community Spiritual Director
Lorna Laister Cell:084 408 6723
e-Mail: lornalaister@gmail.com

Banking details are provided on the *Application Form*



1.

CONFIDENTIAL DATA : WALK NO 103 – ALARGA

(to be returned – with application form)

Further information on *persons with physical disabilities* for the security of all disabled persons attending an Alarge Stroll

Pilgrim's Name:

Parent /Care Giver: Phone Home: Cell:

Doctor Phone Home: Cell:

Are you married: Yes / No Is your spouse being sponsored: Yes/No

Where do you reside? – tick the appropriated explanation

Parents	Spouse	Nursing Home	Hospital	Hostel
Independent	Flat/House	Other (please specify)		

Degree of disability – tick the appropriate explanation: MILD MODERATE SEVERE

ABILITIES (There are facilities for 5 wheel chairs only) **ARE YOU ABLE TO?**

DRESS	SHOWER	TOILET	FEED	WALK
MANAGE STAIRS	CAN YOU SUPPORT YOUR OWN WEIGHT			

Is supervision needed? Yes / No With What?

Please specify any other special conditions that might affect your participation:

.....

Has your sponsor explained to you fully that?

You may be interviewed prior to the weekend, that this is a mixed weekend of both men and women, that it will include physically challenged and able bodied people and that you will be participating in all activities together?

YES / NO

SIGNED: DATE:



This form to be sent with the R1 100,00 fee or, at least a non-refundable deposit of R200, to Kwa-Zulu Natal Emmaus Community.

1577 Sarnia Road, Hillary, 4094 or fax 086 273 7685 or e-mail barrydale01@telkomsa.net

Banking details: First National Bank – The Pavillion
 Account Name: Kwa-Zulu Natal Emmaus Community
 Account No: 62218561084 Branch Code: 22 43 26
 Deposit referene: Your first initial and surname followed by P+ the walk number
 e.g *A Smith P94*
 Alarga Stroll (Walk 103) form for applicant to complete

Surname: Title:

Name by which you are called: Preferred Walk No:

Postal Address:

..... Postal Code:

E-mail address:

Phone: (H) (W) (C)

Date of birth: Male Female

Please specify any special conditions that might affect your participation: health, disability, medication and special diet:

Your church's name, denomination and address:

.....

State briefly your involvement in your church:

State briefly why you wish to attend the weekend and what you expect from it:

.....

.....

What musical instruments do you play (if any)?

.....

Has your sponsor explained the weekend? Yes No

While you are on the weekend it may be necessary to contact your family and home or a close friend. Please give us the names and phone numbers of three close family members or friends:

1.

Phone (H) (W) (C)

2.

Phone (H) (W) (C)

3.

Phone (H) (W) (C)

To be completed by the applicant's Minister / Pastor

Minister's Name:

Mailing Address:

E-mail address:

Phone (H) (W) (C)

I support this application to attend a *Walk to Emmaus* signed:

To be completed by the Spiritual Sponsor

I accept the commitment detailed alongside and I have attached herewith the Sponsor's checklist and written letter of motivation.

Name:

Address:

..... Postal Code:

E-mail address:

Phone (H) (W) (C)